

## FEVER | Yoga Cycle Strength

### Liability Waiver & Release Form (Updated for December 11, 2025)

#### 1. Acknowledgment of Risk

I understand and acknowledge that participation in classes and activities at Fever | Yoga Cycle Strength involves physical exertion and inherent risks, including but not limited to muscle soreness, strains, sprains, injuries, accidents, exposure to illness, or in rare cases, serious harm. I voluntarily assume full responsibility for any risk of injury or loss that may result from my participation in these activities, whether occurring on or off studio premises.

#### 2. Health & Medical Clearance

I affirm that I am physically fit and have consulted with a qualified healthcare provider regarding my ability to participate in exercise and wellness activities. I agree to inform Fever | YCS of any medical conditions, limitations, or recent injuries before class participation. I understand that the instructors and staff are not medical professionals and cannot diagnose or treat medical conditions.

#### 3. Release of Liability

In consideration of being permitted to participate in activities at Fever | Yoga Cycle Strength, I hereby release, waive, and discharge Fever | YCS, its owners, instructors, staff, agents, contractors, and affiliates from any and all claims, demands, or causes of action arising out of my participation in classes, workshops, or events. This includes, without limitation, any claims for injury, loss, damage, or negligence, to the fullest extent permitted by law.

#### 4. COVID-19 & Communicable Illness Disclaimer

I understand that participation in group fitness activities may include possible exposure to communicable diseases, including COVID-19. I voluntarily assume all risks related to exposure, infection, or transmission and release Fever | YCS and its affiliates from any related claims.

#### 5. Media Release

I grant permission to Fever | Yoga Cycle Strength to capture and use my likeness, voice, or image in photos, videos, or other media for marketing, advertising, and promotional purposes. I understand that these materials may appear in print, digital, or social media platforms, and I waive any rights to compensation or approval.

#### 6. Billing Policies, Booking Windows, and Membership Terms (Updated)

I understand that as of December 11, 2025, Fever | Yoga Cycle Strength will transition to an updated membership system that includes revised booking windows, membership access rules, cancellation windows, and schedule privileges. By signing this document, I acknowledge and agree to the following terms:

##### Purchases & Renewals

- All purchases at Fever | YCS are non-refundable, including memberships, class packages, intro offers, workshops, appointments, and retail.
- Memberships (5-Class, 8-Class, Unlimited) require a three-month minimum and renew automatically month-to-month until I submit a cancellation request.
- Cancellations require 30 days' notice, submitted through the official cancellation form located on the Fever | YCS FAQ page.
- The following products are one-time, non-renewing purchases: Intro Month, Drop-In, One Full Month Unlimited, 10-Class Package, and One-Year Paid-in-Full Membership.

##### Updated Booking Window Policy (Effective December 11, 2025)

Booking windows are as follows:

##### 30-Day Advance Booking:

- Unlimited Autopay (VIP Unlimited)

##### 14-Day Advance Booking:

- 8-Class Monthly Membership
- 10-Class Package

- One-Year Paid-in-Full Membership

7-Day Advance Booking:

- Intro Month Offer
- 5-Class Monthly Membership
- Any promotional, legacy, or discounted memberships not listed above

Late Cancel & No-Show Fees

I understand and agree that all late-cancel and no-show fees are **non-refundable** and automatically charged.

Updated Late-Cancel Windows:

- **6:00 AM Classes (Mon–Fri):** Cancellation must occur **by 9:00 PM the night before**, or it is a late cancel and will result in a non-refundable \$10 fee.
- **All Classes Before 12:00 PM on Saturday & Sunday:** Cancellation must occur **by 9:00 PM the night before**, or it is a late cancel and will result in a non-refundable \$10 fee.
- **All Other Classes:** A **3-hour cancellation window** applies. Canceling within 3 hours of class time results in a late-cancel fee of \$10.
- Missing class without canceling results in a no-show fee of \$15.

Waitlists

- If I join a waitlist, I may be automatically added to class up until 3 hours before class time, and all late-cancel/no-show fees apply once added.
- Booking windows also apply to waitlist reservations.

System Transition — December 11, 2025

- On December 11, 2025, all members will be required to re-sign this liability waiver and agree to the updated Terms of Service in order to continue using the studio.

- Failure to sign will prevent access to classes until the waiver is completed.

#### 7. Studio Conduct & Understanding

I agree to follow all studio rules and guidelines to ensure a respectful and safe environment for all participants. Fever | YCS reserves the right to refuse participation or remove any individual whose conduct disrupts the class environment or endangers others.

#### 8. Acknowledgment & Signature

I have read and fully understand this waiver and release of liability. I voluntarily agree to its terms and acknowledge that I am signing it of my own free will. I understand that this document is a legally binding agreement and applies to all future visits, classes, and events at Fever | Yoga Cycle Strength.