

# **FEVER | Yoga Cycle Strength**

## **Liability Waiver & Release Form**

### **1. Acknowledgment of Risk**

I understand and acknowledge that participation in classes and activities at Fever | Yoga Cycle Strength involves physical exertion and inherent risks, including but not limited to muscle soreness, strains, sprains, injuries, accidents, exposure to illness, or in rare cases, serious harm. I voluntarily assume full responsibility for any risk of injury or loss that may result from my participation in these activities, whether occurring on or off studio premises.

### **2. Health & Medical Clearance**

I affirm that I am physically fit and have consulted with a qualified healthcare provider regarding my ability to participate in exercise and wellness activities. I agree to inform Fever | YCS of any medical conditions, limitations, or recent injuries before class participation. I understand that the instructors and staff are not medical professionals and cannot diagnose or treat medical conditions.

### **3. Release of Liability**

In consideration of being permitted to participate in activities at Fever | Yoga Cycle Strength, I hereby release, waive, and discharge Fever | YCS, its owners, instructors, staff, agents, contractors, and affiliates from any and all claims, demands, or causes of action arising out of my participation in classes, workshops, or events. This includes, without limitation, any claims for injury, loss, damage, or negligence, to the fullest extent permitted by law.

### **4. COVID-19 & Communicable Illness Disclaimer**

I understand that participation in group fitness activities may include possible exposure to communicable diseases, including COVID-19. I voluntarily assume all risks related to exposure, infection, or transmission and release Fever | YCS and its affiliates from any related claims.

### **5. Media Release**

I grant permission to Fever | Yoga Cycle Strength to capture and use my likeness, voice, or image in photos, videos, or other media for marketing, advertising, and promotional purposes. I understand that these materials may appear in print, digital, or social media platforms, and I waive any rights to compensation or approval.

### **6. Studio Conduct & Understanding**

I agree to follow all studio rules and guidelines to ensure a respectful and safe environment for all participants. I understand that Fever | YCS reserves the right to refuse participation or remove any individual whose conduct disrupts the class environment or endangers others.

## **7. Acknowledgment & Signature**

I have read and fully understand this waiver and release of liability. I voluntarily agree to its terms and acknowledge that I am signing it of my own free will. I understand that this document is a legally binding agreement and applies to all future visits, classes, and events at Fever | Yoga Cycle Strength.

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_